

TTS TRAINING



Extending learning on... Transitions

SUMMARY OF POINTS OF REFLECTION:

- Transitions are a process, not a one-off event and children experience multiple transitions every day.
- All transitions can lead to emotional dysregulation.
- Transition times should be viewed as part of the day, to be planned for and managed.
- Ensure you always plan to support children's wellbeing, even for the small changes.
- Consider your daily routine. How many 'interruptions' to play does it contain? Are they all developmentally appropriate for your group of children?
- School readiness has many different meanings and expectations placed upon can vary from adult to adult and setting to setting. There is no nationally agreed definition.
- Open, regular communication with families is pivotal. Sharing updates no matter how small could help to identify triggers and support a child's wellbeing.
- Families should be involved in every step of the transition process. They can be triggering for them too and their wellbeing should also be considered.
- Children who can self-regulate best achieve more educationally.
- Self-regulation is developed through strong and effective co-regulation alongside adults from birth.

RECOMMENDED RESOURCES:

- [Recordable Talking Panel | Autism](#)
- [Recordable Talking Pegs Assorted Colours](#)
- [Easi-Timer 2 | Concentration](#)
- [A5 Talking Photo Album | Audio Equipment](#)
- [Talking-Point Recordable Buttons | Audio Equipment](#)
- [Emotion Faces Bean Bags | Feelings & Emotions](#)
- [Light up Hand Held Mirrors | Mirrors](#)
- [Wooden Framed Circle Mirror | Feelings & Emotions](#)



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SUPPORTING DOCUMENTS AND WEBSITES:

- [Early years foundation stage \(EYFS\) statutory framework - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/consultations/early-years-foundational-statutory-framework)
- [Early years foundation stage profile: 2024 handbook \(publishing.service.gov.uk\)](https://publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/115422/early-years-foundational-statutory-framework-2024-handbook.pdf)
- [National curriculum - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/consultations/national-curriculum)
- [Are you ready Good practice in school readiness.pdf \(publishing.service.gov.uk\)](https://publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/115422/early-years-foundational-statutory-framework-2024-handbook.pdf)
- [Starting school toolkit | PACEY](https://www.pacey.org.uk/starting-school-toolkit)
- https://www.livewell.cheshirewestandchester.gov.uk/Information/School_Readiness
- [Barnardos-Key-Person-Booklet.pdf \(limerickchildcare.ie\)](https://www.limerickchildcare.ie/Barnardos-Key-Person-Booklet.pdf)
- [Birthto5Matters-download.pdf](https://www.birthto5matters.com/downloads/Birthto5Matters-download.pdf)
- [Transitions to school: Getting children, families and educators ready \(thevoiceofearlychildhood.com\)](https://www.thevoiceofearlychildhood.com/transitions-to-school-getting-children-families-and-educators-ready)
- [Creating a communication supportive environment: Early years - Speech and Language UK: Changing young lives](https://www.languageuk.org/creating-a-communication-supportive-environment-early-years)

SUMMARY OF POINTS OF REFLECTION:

- Ephgrave, A. (2018) *Planning in the Moment with Young Children: A Practical Guide for Early Years Practitioners and Parents*. Milton Park, Abingdon, Oxon: Routledge.
- Grimmer, T. (2018) *School Readiness and the Characteristics of Effective Learning: The Essential Guide for Early Years Practitioners*. London: Jessica Kingsley Publishers.
- Grimmer, T. (2022) *Supporting Behaviour and Emotions in the Early Years: Strategies and Ideas for Early Years Educators*. Abingdon, Oxon: Routledge.
- Murphy, K. (2022) *A Guide to SEND in the Early Years*. London: Bloomsbury Publishing Plc.
- Murphy, K. (2022) *Supporting the Wellbeing of Children with Send: Essential Ideas for Early Years Educators*. Routledge.
- Robson, S. and Zachariou, A. (2022) *Self-regulation in the Early Years*. London: Learning Matters.
- Sheridan, M.D., Sharma, A. and Cockerill, H. (2022) *Mary Sheridan's From Birth to Five Years: Children's Developmental Progress*. Milton Park, Abingdon, Oxon: Routledge.